

Welcoming you back,

Following the recent government announcement allowing ourselves to reopen, we are to inform you that the Club will be re-opening on the 25th of July from 9am and I have put together a list of details regarding this and how the club will operate once we are back up and running.

Firstly, the details regarding your membership;

- All members will have free access to the club for the remainder of July and will receive a 10% discount on their fees throughout August.
- If you wish to continue to freeze your membership once we reopen due to your personal circumstances that's not a problem, we will just need notification prior to the 1st of August so that we can manage such arrangements.

This is our way of thanking you for your support and loyalty throughout these hard times

Club Attendance

The club will be introducing a booking system to manage attendance and there will be further details to follow this email. The reason we have taken this approach is first and foremost for the safety of our members and staff.

The club will also only be open to members and residents of the hotel with members taking priority, this will be reviewed after 4 weeks.

Booking will be essential, and they will be in 1 hour blocks. If the following block isn't full at the time of your entry you may extend your stay with reception.

We will continue with our previous opening times, these for any of you that need a reminder are below

Monday – Friday 7am- 10pm

Saturday 7am-9pm

Sunday 8am-10pm

We have compiled details for you all for each area of the club based on the main questions you have been asking.

Classes

Our Class timetable will be returning from the 3rd of August and will run slightly differently.

- All classes must report to the studio directly and will be booked in by the instructor upon arrival, changing rooms will not be available for classes.
- The studio will be marked out allowing for the current social distancing advice.

- The classes will have a limited capacity and will have to be pre booked. If you turn up and you haven't booked you may unfortunately not be able to attend.
- There will be a sanitisation station in the studio for you upon arrival and departure and class times may vary to allow a member of our team to clean down after every class.

The Gym

- We have distanced our equipment so that you can train safely within the gym.
- There will be plenty of sanitiser and blue roll available to wipe down machines before and after use.
- We will be increasing the cleanliness checks by staff to make sure equipment is regularly cleaned and sanitised for your use.
- Changing rooms will be limited to prioritise swimmers so where possible please come in your kit ready to go.

Swimming/ Spas

- Changing rooms will be available for you to use before and after your swim.
- We have had to limit pool use to 3 swimmers at any one time.
- The hydrotherapy spa and Jacuzzi will be limited to one household at a time and we ask for you to limit your time in each to 15 minutes if there are others looking to use the facilities.

Sauna and Steam Room

- Our Sauna and Steam Room will remain closed following the governments guidance and won't reopen until we are told it can do so.

Community

We have had to adapt to the new normal and there are quite a few changes for us all and it is important that we work together. We are committed to doing our part but we are also relying on our members to behave honestly and responsibly and to respect the adaptations we have had to make for your own safety and that of others.

- Please do not come to the Club if you feel unwell or have any Covid-19 Symptoms
- Please cancel your booking if you are unable to attend so that another member can fill your place
- The changing rooms are open with showers available, but we do ask you to arrive ready for your workout when you can.
- Use our hand sanitising stations upon arrival and throughout your visit.
- Please be patient and observe all notices, we have worked hard on our policies, but this is new for us too.



Lastly we can't wait to see you all back in and around the club. We know how much you have all missed working out and having somewhere to Hideaway Spa & Leisure Club.

If you wish to discuss any of the above do not hesitate to get in touch with us at leisure@parkmorehotel.co.uk

All we want is for you to have the best possible experience and will do everything we can to do just that, whilst keeping you safe within the club.

The Hideaway Team